

My English learning Goal

Goal:

How is it SMART?

- **Specific:**
- **Measurable:**
- **Achievable:**
- **Relevant:**
- **Timed:**

Plans to achieve the goal:

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EXAMPLE:

My English learning Goal

Goal:

I will achieve First Certificate level of English by November 30, 2018.

How is it SMART?

- **Specific:** I know exactly what level of English I'll achieve.
- **Measurable:** I can take mock First Certificate tests to see how I'm doing.
- **Achievable:** I'm already at an intermediate level. I can get this far.
- **Relevant:** This will help me get the English level I need for jobs.
- **Timed:** I'll achieve this by November 30, 2018.

Plans to achieve the goal:

- Watch an episode of Friends every day without subtitles during dinner.
- Talk with my roommate only in English on Wednesday and Saturday.
- Do a First Certificate practice writing every Monday afternoon.
- Study from Objective FCE 15 minutes every day at 7pm.
- Review vocabulary I learn 10 minutes each morning after breakfast.